Resource Guide for Addressing Microaggressions

Microaggressions are comments or actions that express subtle prejudice toward a member of a marginalized group. Microaggressions can be perpetrated *directly* by individuals. They may also be *indirectly* experienced from a LGBTQIA+ person's surrounding environment.

Below are resources to support you in recognizing and addressing microaggressions when they happen in your professional contexts.

1. Addressing Microaggressions in Academic Medicine
   This fact sheet discusses the types and effects of microaggressions, as well as a model for what individuals and institutions can do to address microaggressions.

2. Out Talk with Dr. Kevin Nadal
   This web series is hosted by Dr. Kevin Nadal, an expert on the effects of microaggressions on ethno-racial and LGBTQIA+ minority groups. Episode 1.1 focuses specifically on microaggressions.

3. NPR Interview with Dr. Kevin Nadal
   An interview with Dr. Kevin Nadal by NPR about microaggressions.

4. Webinar on Sexual Orientation and Gender Identity Microaggressions
   This webinar outlines how microaggressions impact psychological health, particularly LGBTQIA+ microaggressions that occur in clinical settings. The webinar helps you to identify steps that you can take to avoid using microaggressions, including when working with clients.

5. Council on Social Work Education NAME Guide
   This guide discusses a model by Dr. Lauren McInroy and colleagues on how to address LGBTQIA+ microaggressions in classroom settings. This model can also be used in other educational and professional settings.

6. "Don't Touch My Hair or But You Don't *Seem* Gay!": Microaggressions in the Library Workspace
   This presentation discusses the types and effects of microaggressions in professional contexts, including how to address them when they happen.

7. Transgender Microaggressions Reparative Response Model
   This infographic discusses model for how to respond when you've committed a transgender microaggression. This model can also be used in other personal and professional settings, as well as with other minority populations.